

K-12 Health Education
School District of Whitefish Bay

Mission Statement and Goals
June 23, 2010

MISSION STATEMENT

Through the health education curriculum, all students will develop the necessary knowledge, skills, and understanding for mental/emotional, physical, and social well-being.

GOALS

Through the health education curriculum, students will:

- comprehend concepts related to health promotion and disease prevention to enhance health.
- demonstrate the ability to use goal-setting and decision-making skills to enhance health.
- demonstrate the ability to access valid health information and products and services to enhance health.
- demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
- demonstrate the ability to advocate for personal, family, and community health.
- demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
- analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.